

# RIO DELL COMMUNITY RESOURCE CENTER

Monday-Thursday 9:30-11:30/1:00-3:00 Fridays 9:30-11:30

DECEMBER

Dec 02 5:00 PM Christmas Tree Lighting  
and Open House

Dec 12 8:45 AM Coffee, Connect, Create

Dec 13 10:30 PM Humboldt Domestic  
Violence Outreach

Dec 14 11:30 PM Senior Luncheon

Dec 19 9:30 PM Meet Up with the Mayor

Dec 21 9:00 PM Commodity Distribution

## Regular Activities

- Senior Exercise - Mondays and Fridays 11:30-12:30
- Al Anon Meetings - Tuesdays 11:30-12:30
- Walking Club - Tuesdays 11:30
- Yoga - Tuesdays 3:00-4:00
- Made with Love Club - Wednesdays 1:00-3:00
- First 5 Playgroup - Fridays 10:00-12:00 (Firemen's Park)
- English Express - Saturdays 11:30-12:30
- AA Meetings - Fridays 1:00-2:00
- Grief Group - 2nd and 4th Thursday of every month 3:00-4:00

