



NORTH COAST UNIFIED AIR QUALITY
MANAGEMENT DISTRICT
2300 Myrtle Avenue, Eureka, CA 95501
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<http://www.ncuaqmd.org>

Issued August 14, 2013

FOR IMMEDIATE RELEASE

Air Quality Advisory

Unhealthy Conditions

For the following area(s):

Forks of Salmon, Sawyers Bar, and the Karuk Tribal lands (including but not limited to the communities along the Klamath and Salmon River).

Smoke levels in these area(s) have been classified as *Unhealthy*, and is creating a health hazard. Smoke is being generated by the Southern Oregon fires and the Orleans Complex, Corral Complex, and Salmon River Complex fires in Northern California.

People are recommended to restrict any outdoor activity.

Symptoms that may be related to excess smoke exposure include:

- | | |
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| <input type="checkbox"/> repeated coughing | <input type="checkbox"/> shortness of breath or difficulty breathing |
| <input type="checkbox"/> wheezing | <input type="checkbox"/> chest tightness or pain |
| <input type="checkbox"/> palpitations | <input type="checkbox"/> nausea or unusual fatigue |
| <input type="checkbox"/> lightheadedness | |

If you have any of the symptoms listed above, contact your health care provider.

Please see the District's General Public Service Announcement for recommendations on limiting smoke exposure.

For 24-hour Air Quality Advisory Information, call toll-free at **1-866-BURN-DAY (1-866-287-6329)** or visit the District's website at www.ncuaqmd.org