



WILDFIRE SMOKE INFORMATION

A joint message from the North Coast Unified Air Quality Management District (NCUAQMD) and partners

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FOR IMMEDIATE RELEASE

Air Quality Public Service Announcement

Continued smoke impacts from the various fire locations in the Siskiyou, Shasta Trinity and Six Rivers National Forests are expected in Northern Humboldt, Eastern Del Norte, and Trinity Counties. The main fires generating smoke are the Orleans Complex, Ukonom Complex, Island Fire, Clear Fire, and Modoc Fire. Recent wildfires in Southern Humboldt and Western Trinity County will cause localized smoke impacts directly adjacent to the fires.

Current monitoring and weather information forecasts smoke levels to be moderate along the Klamath River drainage (Somes Bar, Orleans, Weitchpec Willow Creek and Hoopa) for today and tomorrow. Areas outside the Klamath drainage will retain Good to Moderate air quality throughout much of Humboldt, Del Norte and Trinity Counties depending on proximity to the fires.

Fire information can be found at <http://inciweb.nwcg.gov/> or at www.calfire.ca.gov. Current weather information can be found at www.wrh.noaa.gov.

Health Information for Smoke Impacts

Concentrations of smoke may vary depending upon location, weather, and distance from the fire. Smoke from wildfires and structure fires contain harmful chemicals that can affect your health. Smoke can cause eye and throat irritation, coughing, and difficulty breathing. People who are at greatest risk of experiencing symptoms due to smoke include: those with respiratory disease (such as asthma), those with heart disease, young children, and older adults.

These sensitive populations should stay indoors and avoid prolonged activity. All others should limit prolonged or heavy activity and time spent outdoors. Even healthy adults can be affected by smoke. Seek medical help if you have symptoms that worsen or become severe.

If you can see, taste, or feel smoke, contact your local health department and/or primary healthcare provider. This is especially important if you have health concerns, are elderly, are pregnant, or have a child in your care.

Follow these general precautions to protect your health during a smoke event:

- Minimize or stop outdoor activities, especially exercise

- Stay indoors with windows and doors closed as much as possible
- Do not run fans that bring smoky outdoor air inside – examples include swamp coolers, whole-house fans, and fresh air ventilation systems
- Run your air-conditioner only if it does not bring smoke in from the outdoors. Change the standard air conditioner filter to a medium or high efficiency filter. If available, use the “re-circulate” or “recycle” setting on the unit
- Do not smoke, fry food, or do other things that will create indoor air pollution

If you have lung disease (including asthma) or heart disease, closely monitor your health and contact your doctor if you have symptoms that worsen.

Consider leaving the area until smoke conditions improve if you have repeated coughing, shortness of breath, difficulty breathing, wheezing, chest tightness or pain, palpitations, nausea, unusual fatigue, lightheadedness.

**For 24-hour Air Quality Advisory Information, call toll-free at
1-866-BURN-DAY (1-866-287-6329).**

**For further information, visit the District’s website at
www.ncuaqmd.org**

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