



**NORTH COAST UNIFIED AIR QUALITY
MANAGEMENT DISTRICT**
2300 Myrtle Avenue, Eureka, CA 95501
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<http://www.ncuaqmd.org>

Issued August 8, 2013

FOR IMMEDIATE RELEASE

Air Quality Advisory

Unhealthy Conditions

For the following area(s):

Humboldt and Siskiyou Counties: Karuk Tribal lands.

Smoke levels in these area(s) have been classified as *Unhealthy*, and is creating a health hazard. Smoke is being generated by the Southern Oregon fires and the Orleans Complex, and Salmon River Complex fires in Northern California.

A Clean Air Shelter is open in Orleans. It is located at the Karuk Department of Natural Resources Building between the hours of 8 am and 5 pm.

People are recommended to restrict any outdoor activity.

Symptoms that may be related to excess smoke exposure include:

- | | |
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| <input type="checkbox"/> repeated coughing | <input type="checkbox"/> shortness of breath or difficulty breathing |
| <input type="checkbox"/> wheezing | <input type="checkbox"/> chest tightness or pain |
| <input type="checkbox"/> palpitations | <input type="checkbox"/> nausea or unusual fatigue |
| <input type="checkbox"/> lightheadedness | |

If you have any of the symptoms listed above, contact your health care provider.

Please see the District's General Public Service Announcement for recommendations on limiting smoke exposure.

For 24-hour Air Quality Advisory Information, call toll-free at **1-866-BURN-DAY (1-866-287-6329)** or visit the District's website at www.ncuaqmd.org